

2023 OLOC IG Workshop Schedule at a Glance

Thu, Fri, Sat 6:30 A.M.: 30 Minutes of Movement (Sunrise Patio)

Thursday Workshops A: 10:45 A.M.–12:15 P.M.

- Brave Space: Intentional Convos about Race for LOC (Alix Dobkin I)
- Experiences of a Flag Waver (Elana Dykewomon II)
- Hierarchy Between Women Keeps Patriarchy (Gloria Anzaldúa III)
- Missing and Murdered Indigenous Women (Mabel Hampton)
- Introduction to Mindfulness (Ruth Ellis)

Workshops B: 2:30 P.M.–4:00 P.M.

- Our Home Movies, Our Lives (Alix Dobkin I)
- Reading Our Books (Elana Dykewomon II)
- Helping White People Understand They're White (Gloria Anzaldúa III)
- The Habit of DOMINATION (Mabel Hampton)
- Reflexology for Self Help: Hands (Ruth Ellis)

Friday Workshops C: 9:00 A.M.–10:30 A.M.

- Archives: Where Lesbians Live Forever (Alix Dobkin I)
- Resilience: Taking Charge of End of Life (Elana Dykewomon II)
- Standing in the Fire (Gloria Anzaldúa III)
- Feelings about Death (Mabel Hampton)
- Widowhood: An OLOC Support Group Experience (Ruth Ellis)

Workshops C+: 3:45 P.M.–5:15 P.M.

- Resonance: Women Singing Together (Alix Dobkin I)
- Bridging in a (Gender) Changing World (Gloria Anzaldúa III)
- Five Gendered Cultures (Ruth Ellis)

Saturday Schedule: 10:30 A.M.–11:45 A.M.

- Building Lesbian Community Internationally (Alix Dobkin I)

Workshops D: 2:00 P.M.–3:30 P.M.

- Family Resemblance: Exploring Our Visual History (Alix Dobkin I)
- Ageism and Our Bodies (Elana Dykewomon II)
- Creative License Empowered to Create (Gloria Anzaldúa III)
- Defending Public Education from Right-Wing Assaults (Mabel Hampton)
- Reflexology for Self-Help: Ears (Ruth Ellis)

Workshops E: 3:45 P.M.–5:15 P.M.

- Lesbians and Law: Friend or Foe? (Alix Dobkin I)
- Driving Resilience: E-Cars, the True Buzz (Elana Dykewomon II)
- Lesbian Co-Housing: What's Next? (Gloria Anzaldúa III)
- Writing our Way to Resilience (Mabel Hampton)
- Intergenerational Discussion (Ruth Ellis)