

# Aging with Pride: IDEA

IDEA = Innovations in Dementia Empowerment and Action

## A Conversation with Amy Cunningham

Thursday, August 26, 2021

### Chat Notes:

Link from OLOC website: <https://oloc.org/free-memory-loss-study/>

Amy Cunningham:

[amoore@uw.edu](mailto:amoore@uw.edu)

206-543-8445 or 1-888-655-6646

Available to do the presentation for any group that asks.

- [ageIDEA.org](http://ageIDEA.org)
- [ageIDEA@uw.edu](mailto:ageIDEA@uw.edu)
- Goldsen Institute: <https://goldseninstitute.org>

### Participants recommended:

*The Validation Breakthrough, Third Edition: Simple Techniques for Communicating with People with Alzheimer's and Other Dementias (Simple Techniques for ... with Alzheimer's and Other Dementias)* <https://www.amazon.com/Validation-Breakthrough-Techniques-Communicating-Alzheimers/dp/1932529934>

### Easy sharing on social media:

[Click here to share Facebook post](#)

[Click here to retweet on Twitter](#)

[Click here \(from a phone\) to share Instagram post](#) via your “stories”

**References**—this is a screen shot of the references mentioned in the presentation (also in the video):

## REFERENCES

- Slide 3. Fredriksen-Goldsen, K. I., Jen, S., Bryan, A. E. B., & Goldsen, J. (2018). Cognitive impairment, Alzheimer's disease, and other dementias in the lives of lesbian, gay, bisexual and transgender (LGBT) older adults and their caregivers: Needs and competencies. *Journal of Applied Gerontology*, 37(5), 545-569. doi:10.1177/0733464816672047
- Slide 4. Fredriksen-Goldsen, K. I., & Kim, H.-J. (2017). The science of conducting research with LGBT older adults - An introduction to Aging with Pride: National Health, Aging and Sexuality/Gender Study (NHAS). *The Gerontologist* 57(S1), S1-S14. doi:10.1093/geront/gnw212
- Slide 5. Fredriksen-Goldsen, K. I., Jung, H., Emlert, C. A., & Kim, H.-J. Disparities in subjective cognitive impairment by sexual orientation and gender in a national population based study of U.S. adults, 2013-2018. Under final review. Submitted to *Journal of Aging and Health*.
- Slide 6. Fredriksen-Goldsen, K. I., Emlert, C. A., Kim, H.-J., Muraco, A., Erosheva, E. A., Goldsen, J., & Hoy-Ellis, C. P. (2013). The physical and mental health of lesbian, gay male and bisexual (LGB) older adults: The role of key health indicators and risk and protective factors. *The Gerontologist*, 53(4), 664-675. doi:10.1093/geront/gns123
- Fredriksen-Goldsen, K. I., Cook-Daniels, L., Kim, H.-J., Erosheva, E. A., Emlert, C. A., Hoy-Ellis, C. P., Goldsen, J., & Muraco, A. (2014). The physical and mental health of transgender older adults: An at-risk and underserved population. *The Gerontologist*, 54(3), 488-500. doi:10.1093/geront/gnt021
- Slide 7. Fredriksen-Goldsen, K. I., Kim, H.-J., Shiu, C., & Bryan, A. E. B. (2017). Chronic health conditions and key health indicators among gay, lesbian, and bisexual older US adults, 2013-2014. *American Journal of Public Health*, 107(8), 1332-1338. doi:10.2105/AJPH.2017.303922
- Slide 8. Fredriksen-Goldsen, K. I., Editor. (2007). *Caregiving with pride*. (Reprinted from *The Journal of Gay and Lesbian Social Services*, 16 (3/4)). Binghamton, NY: Haworth Press. Peer-reviewed.
- Slide 9. Fredriksen-Goldsen, K. I., Shuman, A., Jen, S. Stress and resilience among sexual and gender diverse caregivers. Under final review. Submitted to *Research on Aging*.
- Slide 10. Fredriksen-Goldsen, K. I., Kim, H.-J., Goldsen, J., Shiu, C., & Emlert, C. A. (2016). Addressing Social, Economic, and Health Disparities of LGBT Older Adults & Best Practices in Data Collection. LGBT+ National Aging Research Center, University of Washington, Seattle, WA.
- Slide 12. Teri L., Logsdon, R.G., McCurry, S.M., Pike, K.C. and McGough, E.L. Translating an Evidence-based Multicomponent Intervention for Older Adults With Dementia and Caregivers *Gerontologist*, 2018, 60 (3) doi:10.1093/geront/gny122