Bay Area OLOC

Old Lesbians Organizing for Change



Bulletin – April 2023

This group of old dykes is about empowerment and visibility, moving into the next phase of our lives with panache and activism, talking about taboo and difficult topics including our inevitable deaths, long-term planning, community and connection. Open to old lesbians 60 and over.

FINALLY WE RETURN TO OUR FAB NAPA RETREAT SETTING!

ENCHANTED HILLS CAMP, NAPA Friday – Sunday, May 19-21, 2023

For several years, we enjoyed retreats at this location. But the camp was severely damaged by wildfire in 2019, then soon after was closed due to Covid. Major repairs and improvements have been completed throughout. We are so excited we can now return!

This camp, owned and operated by the Lighthouse for the Blind, is ideal for us. In this lovely wooded setting there are cabins and a lodge, with a variety of sleeping arrangements. We eat, meet, play games and schmooze in a spacious dining hall. There is free time each day to enjoy the expansive grounds, trails, a large heated pool, and ALL facilities are wheelchair accessible. Typically 30+ women attend; OLOC takes over the whole camp, it is just us! (Plus the helpful staff.)

Your sliding scale registration covers lodging including linens for both Friday and Saturday nights, as well as six meals. We hope everyone will be able to arrive on Friday (2:00 pm or later). On Friday, the pool will be open 3-5 pm, dinner at 5:30, then an informal evening together of crafting and card-making, games, mingling, and settling in. Structured activities kick off at 10:00 on Saturday morning and adjourn on Sunday about 3:30.



Enchanted Hills Camp is outside Napa in beautiful wooded hills. Driving time is about 90 minutes from San Francisco and 75 minutes from Berkeley. Directions are available at http://enchantedhillsretreat.com/map/. If you don't have web access, we will mail you a map. If you can help provide rides, or if you need a ride, please note that on your registration form.

COST: We ask participants to pay on a sliding scale of \$0 to \$250 for the 3 day weekend. Lesbians 60 and older, their partners, and caregivers are all welcome.



PROGRAM:

SATURDAY - Our scheduled program will begin at 10:00 with our check-in circle. "How are you? What is going on in your life now?"

The afternoon focus will be on this topic: **How have the past few years changed you and impacted your future plans?** A panel of three women will each speak briefly, then we'll break into small discussion groups. There will be time to reconvene as a large group and share comments, insights, reflections, etc.

Then free time before dinner; the pool will be open.

On Saturday evening we'll have our Salon, an opportunity for women to share music, spoken word, art, whatever you wish! Bring poetry, pictures, instruments, plays, material you love. Sometimes a group will get together to do an impromptu act.

After the Salon we often play games, have a sing-along, put on dance music, watch films...many possibilities!

SUNDAY - After breakfast is a "Members' Meeting" with discussion of the upcoming National OLOC Gathering, Bay Area chapter news and an opportunity to give input on future events.

The afternoon typically includes various small group options as well as a final opportunity to enjoy the pool, take a walk, talk informally, etc.

We reconvene at 3:15 for feedback, farewells and a formal closing.

MORE RETREAT INFORMATION

If you are attending the May retreat PLEASE read the following information, and fill out the Registration Form on page 5.

FOOD:

Beginning Friday evening, all meals and snacks will be provided by the Camp; we will be providing additional protein snacks Sunday afternoon. There will be vegetarian, sugar-free and gluten-free options. Women with additional food concerns should bring adequate food for themselves to supplement what is offered. BYO beer/wine.

COVID:

Following current county and camp protocols, masks will be optional at our retreat. We ask that each woman take a home Covid test on Friday morning prior to traveling to camp. Please do not come if the test is positive. (Your registration will be refunded.) We will have extra home tests available at camp.

ARRIVING & LOGISTICS:

When you arrive, you'll choose your room, make your bed (linens will be in the dining room for pick-up), and unpack. At the back of the dining room will be program handouts, camp maps, and name tags. Women will be available Friday afternoon for anyone needing assistance and we'll be happy to offer help if needed at any time. Ginny Garrett and Patty Shamus will have walkie talkies, look for them or ask staff to help you find them.

Saturday breakfast is from 8:00 – 9:30 and our program begins at 10:00.

POOL: The pool will be open Friday 3:00 - 5:00, Saturday 3:00-5:00, and Sunday 1:00 -3:00 pm. A lifeguard must be present. The camp is hoping to provide us with a female lifeguard. If so, swimsuits will be optional. The pool is located down a short hill. We will organize carpools to deliver women with mobility issues. There is a built-in lift. Everyone who wishes to will able to get in the pool!

BRING: Collage materials to share Friday evening. Also bring writing, artwork, music, or whatever you would like to share at the Salon on Saturday evening. Plus, bring games, videos, musical instruments, dance music, ideas for discussions or activities, etc. **ALSO** bring soap, flashlight, sunscreen, bug spray and something warm to wear for cool evenings. **Please don't use scented products, some of us have severe reactions**.

The facilities are fully ramped and accessible, plus there will be adequate raised toilet seats for those who need them. We always use a sound system so we can hear one another.

SMOKING/VAPING: No smoking allowed except in one designated outdoor concrete patio area behind the kitchen which will be identified by signage. This is a strict rule due to fire danger; no exceptions. Vaping — we request this be done privately, for the comfort of all.

PHONES: In an emergency, the camp phone is (415) 694-7602. Cell phones mostly work at camp; you may need to ask where to find the best reception.

PLEASE provide an OFF-SITE emergency contact on your registration.

DEADLINE FOR RECEIPT OF REGISTRATION by mail is no later than Friday May 5, 2023. This is a firm deadline, needed to plan food, staffing and lodging details, and we would so appreciate receiving your registration as early as you can send it in!

GENERAL RETREAT QUESTIONS: contact **Ginny Garrett at 510-495-4285** or email her at <u>ginnygarrett@hotmail.com</u>.

BAY AREA OLOC

MAY 19-21, 2023 RETREAT REGISTRATION

PLEASE PRINT OUT THIS FORM AND COMPLETE IT, OR WRITE ALL THE INFORMATION ON A SHEET OF PAPER, AND MAIL WITH YOUR CHECK TO THE ADDRESS BELOW.

Please print clearly.

The deadline for receipt of your registration is Friday, May 5, 2023

(We appreciate receiving registrations earlier.) WE CAN NO LONGER TAKE TELEPHONE OR E-MAILED RESERVATIONS. Thank you!

NAME	PHONE(S)	
ADDRESS	CITY	ZIP
EMAIL ADDRESS:		
IN CASE OF EMERGENCY, CONTA	ACT:	
FEE: SLIDING SCALE IS \$0-\$250 f (Our cost is \$215 / person - ple		
TOTAL AMOUNT ENCLOSED:	Make check payable to '	Bay Area OLOC"
REFUNDS: Your registration will b	e refunded in full if you are unable to	o attend
WILL YOU BE ARRIVING ON FRII		
accommodations? Please descri	cal or physical disability requireme	
Note: Accommodations are all "requirements.	first come, first choice" other than f	for women with disability
DO YOU NEED A RAISED TOILET	SEAT? Yes	
FOOD RESTRICTIONS: Vegeta	arian 🗖 Gluten-free 🗖 Sugar-free	Dairy-free
MAIL REGISTRATION FORMS to:		
Laura Tow, 881 Coachman Place,	Clayton, CA 94517	

Registration questions? Call/text (925)-980-3842 or email mslaura@earthlink. net

Announcements

19th annual Queer Women of Color Film Festival

QWOCMAP presents the FREE 19th annual international Queer Women of Color Film Festival June 9-11, 2023, in San Francisco.

EXPERIENCE THE POWER OF ART AND JUSTICE

At our annual San Francisco International Queer Women of Color Film Festival, we screen films created through our programs, in addition to films by independent filmmakers from around the world. Each year, we play to a full house. It's unlike any other film screening you've been to. It's a theatre full of friends and family who are gathering to not only watch a film together, but to experience something new, to think differently, build community, and to participate in deep, lasting social change.

info@quocmap.org

415-752-0868

BA OLOC ANNUAL PICNIC!!

Save the date: July 23, 2023, Noon to 4 PM
Live Oak Park in Berkeley
(more details to come closer to the picnic date)

